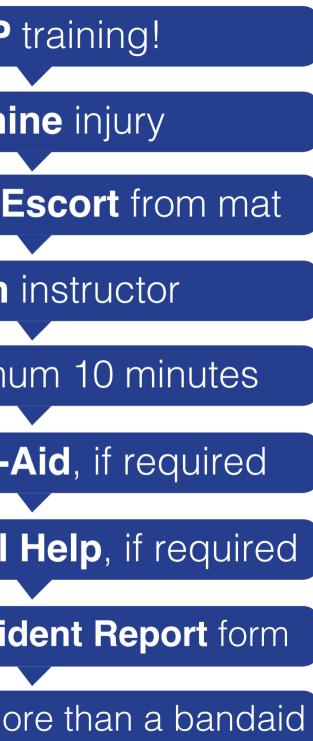
Basic Life Support		THE RAL AUSTROPHE	Aiki Kai
	Dangers?	NAME OF CONTRACT OF CONTRACT.	Mat accide
		AIKIDO ASSOC	STOF
R	Responsive?		Exam
		In cases of serious incidents, where a	If moveeble
S	Send for help	person is showing life-threatening signs and/or symptoms, the	If moveable
		standard DRSABCD, on left, must be followed and medical assistance called for.	Inform
A	Open Airway	Aiki Kai Australia has a Mat Accident Procedure, on right,	Rest minim
		that must be followed in an incident where an injury has been	
В	Normal Breathing?	sustained or an injury is suspected.	Apply First-
	Start CPR 30 compressions : 2 breaths	It is important that the steps in the Mat Accident Procedure are followed and where there is any indication	Seek Medical
	Can't perform rescue breaths continue chest compressions	an injury has been sustained training must stop to assess if there is an injury. If medical	Complete Inci
	Attach Defribrillator (AED) As soon as available and follow its prompts	assistance is required either an ambulance should be called or steps taken to ensure the injured person can obtain the medical assistance required.	Follow Up if m
Continue CPR until responsiveness		An incident report is to be completed at the	The well-be
0	r normal breathing returns	time of the incident.	trainee may l

Australia ent procedure



eing of a fellow be in your hands